

# Qigong Master from China

Learn and practice Qigong with Master Yuantong Liu from Meishan, China.

When: 20 - 24 November 2024

**Where:** Northern Germany Bad Zwischenahn (near Bremen)

## **Content:**

- Based on the **first medicineless hospital in China**: Experience powerful self-healthcare methods rooted in Zhineng Qigong and Hunyuan Qi Therapy
- Benefit from a potent Qi field for holistic well-being
- Daily lectures and exercises **led by Master Yuantong Liu** and his international team of therapists to enhance self-healing abilities
- Stabilize your mind, balance emotions, and boost immune system and body functions
- Easily integrate methods into everyday life post-retreat

"This holistic approach supports the transformation into a new, positive mindset and emotional state. It's a real chance to expand one's consciousness, and fully open heart and mind." Birgit - Germany





### **Program for Increased Health and Vitality:**

This course is for those seeking to improve their overall health and well-being by reducing stress and tension. It's open to people with serious or chronic illnesses.

Master Yuantong Liu and his international team of HunYuan Qi therapists offer holistic practices to activate self-healing abilities.

We encourage to bring recent medical reports. Participants can have their progress verified by their own doctor afterwards, if desired.



"With an open heart and mind, control of one's own consciousness is not only possible, but a logical outcome. A properly set healing intention for yourself and others is already the start of a healthier and more authentic life!

We must learn to control our thoughts and know how to activate the Hun Yuan Qi for holistic health promotion to heal ourselves and others to live our best life."

Master Yuantong Liu

### Our Holistic Health- und Vitality-Program from 20 – 24 November 2024

#### based on the teachings of the first medicineless hospital in China

At the Huaxia Zhineng Qigong Training Center, also known as the world's first medicineless hospital, over 130,000 practitioners between 1988-1994 experienced significant recoveries from various stubborn illnesses, with an average cure rate of 85%.

Traditional Chinese Medicine and Qigong Science suggest that illnesses stem from Qi and blood deficiencies and circulation disorders, which Zhineng Qigong addresses by increasing Qi and blood levels and promoting smooth circulation throughout the body.



Venue: This course takes place in the beautiful holiday resort Bad Zwischenahn in Northern Germany, close to Bremen. Further details on the venue can be found on our website. We are happy to support you finding great accommodation in Bad Zwischenahn.



Find out more about this program and the program facilitators Master Yuantong Liu and Britta Stalling on our <u>event page</u>.

"I am very grateful for this workshop, the connection and quality that came into my life. I can feel a new state of health on mental, emotional and physical level I practice every day since then."

Karola - Germany