



## Life Changer presents

### Hunyuan Qi Therapy Fundamentals

Join our compact 3-week online program!

Via Zoom Online: 13 – 31 March 2026

Learn from one of the world's leading  
Qigong Master Yuan Tong Liu from Meishan, China,  
as well as Hunyuan Qi Therapy Program co-founder Britta Stalling

Guiding you through fundamental theories, skills, abilities and  
methods of Hunyuan Qi Therapy based on Zheneng Qigong Science.

\*\*\*This program will be available with translation into German and  
Dutch\*\*\*

The program is equally suitable for beginners and advanced students

This program will help you stay centered and calm even when life changes unexpectedly. You'll learn how to embrace challenges with gratitude, uncover new solutions from within, and build resilience. Through practice, you'll experience genuine inner peace, stability, and trust, allowing you to move forward with confidence and strength.

Take this opportunity to reconnect with yourself, release old limitations, and allow fresh possibilities to unfold. With every step, you'll grow stronger, calmer, and more aligned with the life you truly wish to create.

# Focus and Content

**Theories and practices:** Based on the Qigong Medicine of Zhineng Qigong Science, which we call Hunyuan Qi Therapy

- Meaning of Hunyuan Qi Therapy based on Zhineng Qigong Science
- Meaning of Hunyuan Qi
- The forms of Qi
- The transformation law of life development
- Hunyuan Qi Field Theories
- The motion law of Qi
- The power of consciousness
- Requirements for changing the body's basic conditions from unhealthy to healthy
- Two types of diseases
- The technical skills of Hunyuan Qi Therapy

**Practice methods:**

- How to use your consciousness for self-healing
- La-Qi as a self-health care method
- Fa-Qi healing method
- Hold Qi Up Pour Qi Down method
- Unite Three Dantian into one meditation
- Training the willpower of consciousness: Chen Qi
- Pure intention healing
- Qi Chung Zu – Qi within the body is plentiful and abundant
- Mind and Qi goes through training
- Use Hun Yuan Ling Tong as an approach to transform the negative information into the positive
- Hua-San, Tong, Hao-la healing method
- Master Liu and a team of Hunyuan Qi Therapists delivering group Fa Qi

**What you can expect:**

- Methods for activating and deepening self-healing approaches based on Hunyuan Qi Therapy
- Building a powerful and effective Qi field for holistic health development and enhancement
- Self-health care management tools & self-healing meditations and practices under the guidance of Master Liu and an international team of Hunyuan Qi Therapists
- Foundation to support others on their Holistic Health journey

# Timing:

Online theory & practice sessions on Fridays & Saturdays

- **Fridays:** 13, 20, 27 March 2026  
15h00 – 17h00 – CET (Berlin)  
09:00 AM – 11:00 AM – EST (New York)  
06:00 AM – 08:00 AM – PDT (Los Angeles)

- **Saturdays:** 14, 21, 28 March 2026  
14h00 – 17h00 – CET (Berlin)  
08:00 AM – 11:00 AM – EST (New York)  
05:00 AM – 08:00 AM – PDT (Los Angeles)

- **Optional practice sessions on Mondays & Wednesdays**

**Dates:** 16, 18, 23, 25, 30 March 2026  
17h00 – 18h30 – CET (Berlin)  
11:00 AM – 12:30 PM – EST (New York)  
08:00 AM – 09:30 AM – PDT (Los Angeles)

- **Q&A with Master Liu**

**Tuesday, 31 March 2026**  
16h00 – 17h00 – CET (Berlin)  
10:00 AM – 11:00 AM – EST (New York)  
07:00 AM – 08:00 AM – PDT (Los Angeles)

- **Weekly Integration – “Life Changer in Action” practice sessions in April 2026**

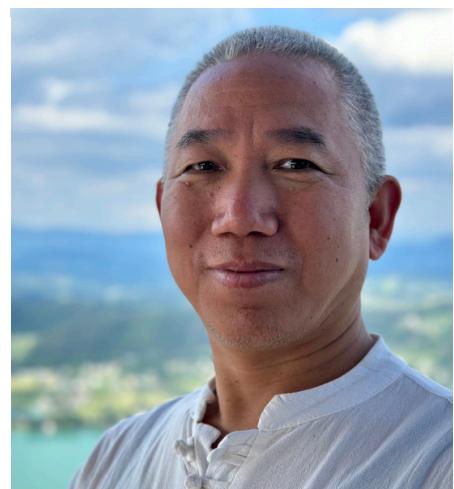
**All Wednesdays:** 1, 8, 15, 22, 29 April 2026  
17h00 – 18h30 – CET (Berlin)  
11:00 AM – 12:30 PM – EST (New York)  
08:00 AM – 09:30 AM – PDT (Los Angeles)

**Total Program Hours: 32.5 hrs**

*‘Especially, during challenging times, it is a great opportunity to bring yourself back to your own inner home. You are invited to connect deep inside with yourself – your own heart and mind – to allow your true-self to wake up and ignite recovery, rejuvenation, vitality, inspiration, motivation and overall well-being from within.*

*Being compassionate and free to open your heart and mind completely encouraging an intention for your inner world to recover and unite as one family and heart.’*

**– Master Yuantong Liu –**



# Investment in your Health and Well-being:

310 Euro | USD 340

Participation includes:

- Live theory & practice sessions (Fri & Sat) online via Zoom
- Practice sessions on Mondays & Wednesdays
- Translation of Master Yuantong Liu into German and Dutch
- E-Book: Hunyuan Qi Therapy Fundamentals
- Access to E-learning platform: training videos, downloadable audio practice material, quizzes & reflections.
- One month of “Life Changer in Action” weekly integration sessions in April to maintain momentum and deepen your practice.

## Powerful experiences of previous participants

*“I have healed both physically and emotionally – my mind is clear and nourished”*

*“I am currently participating in other webinars and can only say that “you play on a very high level”: the content is great and clearly structured. Receiving the video and audio recordings for the meditation and practice is pure luxury and you are such a great team!”*

*” I feel more confident in the possibility of self-healing”*

*“I sense that I have the ability to heal”*



Register here